

# Tonight, I want...!

Circle things you know you want.

Cross out things you know you don't want (hard/soft limits for this scene).

My name is \_\_\_\_\_

playing with \_\_\_\_\_

I want to be a... and I want...	Top	Bottom	Switch		
<b>Impact Play</b>	Stingy	Heavy	Flogging	Whips	Spanking
	Thuddy	Light	Canes	Paddles	
<b>Bondage</b>	Rope	Restrictive	Suspension	Collar/Lead	Gags
	Leather/Cuffs	Decorative	Floor Bondage	Blindfolds	Hoods
	Mental	Cages	Box Tie / TK		
<b>Sensation Play</b>	Tickling	Hair Pulling	Scratching	Biting	Nipples
	Pressure Points	Playing with Hair	Electricity	Licking	Sensory Deprivation
<b>And...</b>	Mind Fucks	Human Furniture	Exhibitionism	Edge Play	
<b>Intimacy and Sex</b>	Cuddling	Cropeing		Penetration...	
	Kissing	Open Mouth Kissing	Orgasms	Fingers	Oral
	Fluid Exchange	Hands on Genitals	Giving Oral Sex	Penis	Vaginal
	Dirty Talk	Condoms / Dental Dams	Receiving Oral Sex	Toys	Anal
<b>I want to feel...</b>	Serious	Dominant	Masochistic	Cathartic	Overwhelmed
	Playful	Submissive	Sadistic	Beautiful	Degraded
	Erotic	Platonic	Energetic	Peaceful	
<b>Safewords</b>	Plain Language	Red/Yellow/Green Stoplight System	"Safeword"	Non-Verbal (Discuss)	"_____"
	<b>Marks</b>	None	For Today	For the Week	For the Year
<b>Aftercare</b>	0-5 minutes	5-15 mins	15-60 mins	Check in Tomorrow	Let Me Be
	Water	Snack	Cuddling	Conversation	Socialize

You should know about my...

Partners:

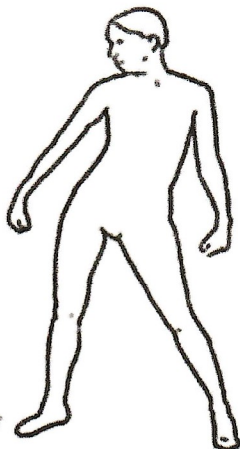
Triggers:

Medical Conditions:

Injuries:

STI status:

Allergies:



Please show on the doll  
where you do not want  
to be touched:

worksheet by amothtotheflame  
updated 9/25/15  
www.RainCityTNG.org/negotiation for free PDF

There are no right or wrong answers.

This is what you want, but you don't always get what you want.  
Answer honestly, then *talk to your play partner*.

This sheet still requires conversation.

Be cautious of trying new things with new partners.

Don't feel bad about changing your mind after talking to your  
partner, but negotiate before you start to play.

It is safer to remove activities during a scene than to add play  
you didn't agree to beforehand.

Remember this phrase:

**"What do you mean by \_\_\_\_\_?"**